

Exhale Treatments: (306-634-3446)

~Out of courtesy to our Therapists and Estheticians we require at least 2 hr. notice when canceling...(24 hr. with a Spa Treatment or any appointment or package over 2 hours long). Failure to cancel will result in a charge of 100% of the treatment booked. Thank you for your consideration.

Massages:Relaxation and therapeutic

- 90 minute Massage - \$100
- 60 minute Massage - \$65.00
- 45 minute Massage - \$55.00
- 30 minute Massage - \$45.00
- 60 minute couple's/friends Massage-\$140.00 (same room treatment/draw curtain for privacy)
- 90 minute Hot Stone Massage (full body)- \$120.00
- 60 minute Hot Stone Massage(partial body)-\$85.00
- 90 Minute Hot Stone couple's/friends Massage-\$250.00
- 60 minute Hot Stone couple's/friends Massage-\$180.00

Body treatments:

1. Salt/Sugar Glow (60 minutes)- \$85.00
2. Back Facial (60 minutes)- \$70.00
3. Partial Mud/Clay Wrap (60 minutes)- \$85.00...upgrade to 90 min. add \$35
4. Full body Mud/Seaweed Wrap (90-120min.)-\$140.00
5. Full body Detox wrap (90-120 min.)- \$135.00
6. Paraffin treatment -add to any treatment for \$15.00 - Full Body for\$60.00
7. Hydromassage (bring bathing suit)
 - *30 minutes - \$30.00
- OR: MOOR MINERAL BATH (20-30 minutes)-\$35.00
8. **Infrared Sauna**
 - * 1 Session– \$15.00
 - * Trial Pack (3 sessions)-\$40.00
 - *Pkg. Of 5- \$67.00
 - *1 month unlimited - \$150.00
 - * 1 Session/ 2 people- \$25.00
 - *2 person trial-\$55.00
 - *2 person Pkg. Of 5 -\$82.00
9. **Ionic Foot Baths**
 - *single treatment -\$40.00
 - *Pkg. Of 5 -\$190.00
 - *Pkg of 10 or more-\$35 each

10. Esthetic Treatments:

1. Spa manicure(60-75 min.)- \$45.00 OR: Mini Mani (30 min)-\$25.00
2. Spa Pedicure(75-90 min.) - \$60.00 OR: Mini Pedi (45 min) - \$35.00
3. Hot Stone Manicure (75min.) - \$50.00
4. Hot stone Pedicure (90 min.)- \$70.00

5. **Nails:**

- *Gel or Acrylic set w/Extensions-\$68.00 (includes polish) ** anything over 4 weeks classifies as new set**
- Gel or Acrylic Fill- \$50.00
- *Nail fix - \$5.00 each (one free fix with every set)
- *Polish Application – \$12.00
- *nail decals and rhinestones - \$.50 each
- *Nail Art added to or as a treatment \$15.00/set of hands or feet
- *Pedique (Gel Toes) - \$50.00

6. **Waxing:**

- *eyebrows-\$15.00 *Half Leg- \$35.00 *Arms- \$30.00 *Back-\$40.00 +
- *Upper lip-\$10.00 *Full Leg-\$55.00 *Bikini-\$30.00 *Chest-\$40.00 +
- *Chin - \$10.00 *Underarm-\$25.00 *Brazilian-\$70.00

7. **Facials:**

- a) Spa Facial (75 minutes) - \$70.00
 - * For normal or sensitive skin
- b) Hot Stone Facial (75-90 minutes) - \$75.00
 - *Relax and melt with the warmth and pressure of basalt stones
- c) “Seasonal” Facial (90 minutes) - \$75.00 (includes paraffin)
 - *For naturally dry or dehydrated skin due to environment
- d) “Deep Pore” Facial (90 minutes) - \$75.00
 - *For oily or acne prone skin
- e) “prevention” Facial (90 minutes) - \$75.00
 - *For Mature, Dehydrated, or Aging skin.
- f) Mineral Mud Mask Facial (90 minutes) - \$75.00
 - *Help Renew and revitalize skin while tightening pores

8. **Laser Hair Removal:** (all prices per treatment...recommend 4-8 treatments)

- *unibrow & above brow-\$75.00 *ears-\$70.00 * low leg(with feet and toes)-\$225.00
 - *forehead/temple/unibrow-\$150.00 *up arms-\$130.00 * up leg -\$225.00
 - * cheeks & sideburns - \$100.00 *low arms-\$180.00 * full leg -\$400.00
 - * upper lip - \$60.00 *full arms-\$275.00 *feet & toes-\$100.00
 - * chin - \$75.00 *shoulders-\$175.00 *chest (women and men)-\$100 - \$200
 - * upper lip & chin - \$125.00 *underarms-\$100.00 * areola -\$60.00
 - *chin & anterior neck-\$150.00 *full arm & armpit-350.00 * chest & abdomen -\$400.00
 - *up lip/chin/ant.neck-\$175.00 * hands-\$85.00 *lineal (belly button to bikini)-\$50.00
 - *low face(chek-chin)-175.00 *bikini-\$100.00 *abdomen/up back or low back-\$200
 - *low face & ant.neck-\$200.00 *bikini & in thigh-\$150.00 *lumbar linea (top of buttock)-\$125
 - * full face -\$225.00 *french bikini-\$175.00 * buttocks - \$200.00
 - *full face & ant.neck-\$250.00 *brazilian - \$200.00 *full back (with neck& shoulders)-\$375
- ** First 3 Treatments are 15% off and spot treatments go down in price also**

9. **Ear candling- 25.00**

10. **Eyebrow and Eyelash Tinting- \$35.00**

11. **Make-up: Application- 40.00 Application & consultation-\$65.00**

Exhale Packages:

Express Packages: (1 ½ – 3 hours):

1. **Lavender Bliss: (1 ½ – 2 hours) \$112.00**
 - * *Lavender exfoliation*
 - * *Whirlpool bath (with lavender oil/bubbles)*
 - * *Finish with hydrating lavender treatment*
2. **Manicure / Pedicure Combo:(2 ½ hours)...\$95.00**
 - * *can add paraffin to hands and feet for \$20.00*
 - * *can add Hot Stones to hands or feet for \$10.00*

OR: Express Manicure / Pedicure Combo:(75 min)..\$55.00
3. **Spa Escape: (2 ½ – 3 hours).....\$185.00**
 - * *Salt / sugar glow*
 - * *Partial mud wrap*
 - * *60 minute massage*

Half Day Packages: (3 – 5 hours):

1. **Pure Luxury: (3 hours).....\$171.00**
 - * *Back facial with paraffin*
 - * *Spa facial*
 - *Finish with a spa pedicure*
2. **Spa Experience : (4 hours).....\$176.00**
 - * *60 minute Massage*
 - * *Spa facial*
 - * *Spa pedicure*
3. **Half Day Trio: (4 ½ hours).....\$188.00~includes paraffin**
 - * *Spa Manicure*
 - * *Spa Pedicure*
 - * *Spa Facial*
4. **Tranquility: (4 hours).....\$203.00**
 - * *Full Body Hot Stone Massage*
 - * *Spa Manicure*
 - * *Spa Pedicure*

Full Day Packages: (6 – 7 ½ hours)

~includes SPA LUNCH (pre-ordered sandwich and salad)

1. **Exhale Revitalizer: (6 hours)....\$291.00**
 - * *Salt / Sugar Glow* * *Spa Manicure*
 - * *60 minute Massage* * *Spa Pedicure*
 - * *Spa Facial*

2. **Exhale Supreme: (6 hours).....\$301.00**
* *partial Body Mud Wrap* * *Spa Manicure*
* *Salt / sugar Glow* * *Spa Pedicure*
* *Whirlpool Bath*

3. **Exhale Retreat: (6 ½ – 7 hours).....\$318.00**
* *Spa Manicure* * *Partial Mud wrap*
* *Spa Pedicure* * *60 minute massage*
* *Spa Facial* * *Whirlpool Bath*

Couples / Friends Package:(1 ½ – 7 hours)

~Same room – Draw Curtain to be discreet

1. **Double Express:(1 ½ hours).....\$226.00**
* *Partial Mud Wraps*
* *60 Minute Massages*

2. **Exhale Essentials:(3 ½ hours).....\$318.00**
* *Spa Manicures*
* *Spa Pedicures*
* *60 Minute Massages*

3. **Exhale Indulgence:(3 ½ hours).....\$434.00**
* *60 minute Massages*
* *Partial Body Mud Wraps*
* *Salt / Sugar Glows*
* *Whirlpool Bath*

4. **Double Retreat:(6 ½ – 7 hours).....\$622.00**
~includes Spa Lunches (pre-ordered sandwich and salad)
* *Spa Manicures*
* *Spa Pedicures*
* *Spa Facials*
* *Partial Mud Wraps*
* *60 Minute Massages*
* *Infrared sauna session*